

# North Zone Addiction and Mental Health Services

Alberta Health Services and community partners provide a wide variety of addiction and mental health services to residents throughout the North Zone.

## It's important to know:

- One in five Canadians will experience an addiction or mental health issue each year. If you are struggling, remember you are not alone, there are supports in place to help you cope.
- You can access addiction and mental health services by connecting with your local AHS community Addiction and Mental Health office, as well as through your family physician or through your Primary Care Network (PCN).
- You can also call Health Link at 811 to have an Information and Referral Specialist help find the service that's right for you. This services is available 24/7 to help.

## ➤ Addiction and Mental Health Services in Northern Alberta

- Qualified addiction counsellors and mental health therapist provide a range of services including assessments, individual and group counselling, education, and support for individuals and families concerned about use of substances and/or gambling problems and mental health.
- Outpatient psychiatry services are available in a number of communities throughout the North Zone for both adult and children and youth.
- North Zone Child and Youth Virtual Psychiatry Team supports children, youth and families by providing timely access to psychiatry services through navigation, triage, assessment and referral to and within AMH services.
- Four Opioid Dependency Clinics – Grande Prairie, Fort McMurray, High Prairie, Bonnyville –support those recovering from opioid dependency.
- Four Mental Health Travelling Teams that enhance access to services for clients who identify as Indigenous by providing culturally safe/appropriate care within rural and Indigenous communities within the North Zone. The teams are physically located in Fort McMurray, High Prairie, Cold Lake and Lac La Biche and support surrounding communities.
- Specialized teams in various communities support people across our north zone that enhance access to supportive services while reducing barriers to care within the community.
- AHS works with school and community partners to ensure continued co-ordination of supports for teens, families, schools, and other groups and individuals who work with youth.
- The Addiction Day Treatment Program in Fort McMurray is offered virtually to adult residents of the North Zone who are struggling with substance abuse or gambling and who could benefit from an intensive treatment program designed to support their recovery.
- One medical detox centre in Grande Prairie – Northern Addictions Centre (20 beds) - plus two medical detox beds in Swan Hills to support people withdrawing from alcohol and other drugs in a safe, controlled setting.
- Two residential treatment centres – Northern Addictions Centre in Grande Prairie (43 beds), Fort McMurray Recovery Centre (16 Beds) support recovery from substance and/or gambling addiction.
- One Protection of Children Abusing Drugs (PChAD) program with two involuntary detox and stabilization beds for youth in a secure facility near Grande Prairie. Two voluntary youth detox and stabilization beds are also available.
- The Police and Crisis Team (PACT) located in Grande Prairie is a collaboration with RCMP and AHS. Together they work with clients who come into contact with the law but do not necessarily require admission to the criminal justice system or hospital.
- Three acute inpatient psychiatry units – QEII Hospital in Grande Prairie (18 beds), Northern Lights Regional Hospital in Fort McMurray (10 beds), St. Therese Healthcare Centre in St. Paul (12 Beds).



# North Zone Addiction and Mental Health Services

## Contact Us

Call **811** to have an Information & Referral Specialist help find the service that's right for you.

We're available 24/7 to help.

**Need someone to talk to? 24/7**

**Addiction Helpline:** Call **1-866-332-2322**. Translation services are available

**Mental Health Helpline:** Call **1-877-303-2642**. Translation services are available.

### Athabasca AMH

Addictions: 780-675-5841  
Mental Health: 780-675-5404

### Barrhead AMH

Addictions: 780-674-8239  
Mental Health: 780-674-8243

### Beaverlodge Mental Health

780-538-5160 (Addiction and Mental Health Grande Prairie)

### Bonnyville AMH

Addictions: 780-826-8054  
Mental Health: 780-826-2404

### Cold Lake AMH

Addictions: 780-594-7556  
Mental Health: 780-639-4922

### Edson AMH

Addiction: 780-725-6132  
Mental Health: 780-725-6110

### Fairview Mental Health

780-835-6149

### Fort McMurray Acute Inpatient Psychiatry

Crisis Services: 780-791-6091

### Fort McMurray Recovery Centre & ODP Clinic

780-793-8300

### Fort McMurray Community AMH

780-793-8360

### Fort Vermilion AMH

780-841-3229

### Fox Creek Mental Health

780-622-5106

### Grande Cache AMH

780-827-4998

### Grande Prairie Mountain Plains Youth Residential Treatment Program

780-538-5160

### Grande Prairie Acute Inpatient Psychiatry

780-538-7250

### Grande Prairie Adult AMH Outpatient

Addiction: 780-538-6330  
Mental Health: 780-830-2830

### Grande Prairie Complex Needs, ICAT, Diversion/CTO

Access: 780-833-4323  
ICAT 587-259-5513

### High Level AMH

780-841-3229

### High Prairie AMH

780-523-6490

### Hinton AMH

Addiction: 780-865-8263  
Mental Health: 780-865-8247

### Jasper AMH

780-852-6616

### La Crete AMH

780 841 3229

### Lac La Biche AMH

Addiction: 780-623-5227  
Mental Health: 780-623-5230

### Mayerthorpe Mental Health

780-786-2279

### Onoway Mental Health

780-967-9117

### Peace River AMH

780-624-6151

### Rainbow Lake Addiction

780-841-3229

### Slave Lake AMH

Addiction: 780-849-7127  
Mental Health: 780-805-3502

### Spirit River Mental Health

780-538-5160 (Addiction and Mental Health Grande Prairie)

### St. Paul AMH

Addiction: 780-645-6346  
Mental Health: 780-645-1850

### Swan Hills AMH

780-333-4241 (All requests are called through Barrhead MH)

### Valleyview Mental Health

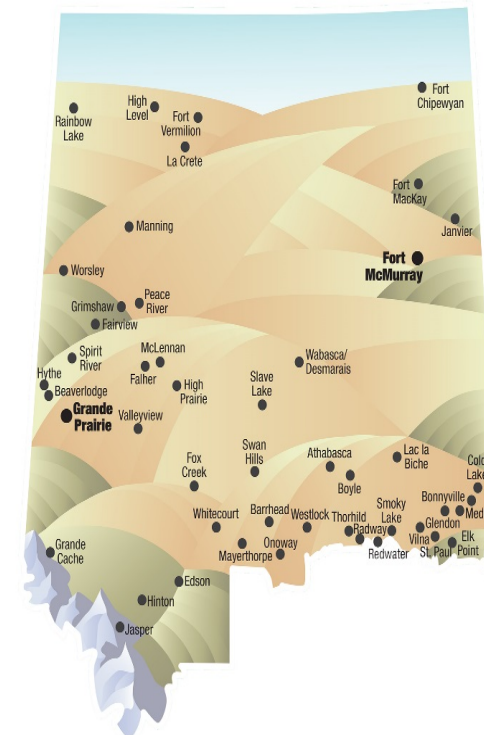
780-524-5096  
780-524-3338

### Westlock AMH

780-349-5846

### Whitecourt AMH

Addiction: 780-778-7123  
Mental Health: 780-706-3281



## ➤ Additional Services

- AHS Addiction and Mental Health works with approximately 34 contracted partners who provide both addiction and mental health supports in North Zone communities.

***If you are in a mental health emergency, please attend your local hospital emergency department. If you or others are at risk in the community please call 911 and seek support.***